INFORMATION FOR PARENTS ATTENDANCE AT SECONDARY SCHOOL

At Mount Lawley Senior High School, we want your child to achieve their absolute best. Attending school every day gives them the best opportunity to learn and succeed.

The teenage years are a time for young people to develop independence and find their place in the world, including how they engage with school life. We recognise that some students may need extra encouragement to attend regularly. By working together, our school community can help address the reasons why young people may be reluctant to come to school.

EVERY DAY COUNTS

1 or 2 days a week doesn't seem much but			
If you miss	That equals	Which is	And over 13 years of schooling that's
1 day a fortnight	20 days per year	4 weeks per year	Nearly 1½ years
1 day a week	40 days a year	8 weeks a year	Over 2½ years
2 days a week	80 days a year	16 weeks a year	Over 5 years
4 days a week	160 days a year	32 weeks a year	Nearly 10 years
How about 10 minutes late a day? Surely that won't affect my attendance			
I only miss	That equals to	Which is	And over 13 years of Schooling that is
10 minutes a day	50 minuters a week	Nearly 11/2 weeks a year	Nearly 1/2 a year
20 minutes a day	1 hour 40 minutes a week	Over 21/4 weeks a year	Nearly 1 full year
30 minutes a day	Half a day a week	4 weeks a year	Nearly 1½ years
1 hour a day	1 day a month	8 weeks a year	Over 2½ years

Remember there are 40 weeks of school a year.

Some common problems you may have getting your child to school:

- They won't get out of bed in the morning
- They go to bed late at night
- They take a long time to get ready in the morning
- They haven't done their homework or are avoiding a test or assignment
- · They are using their phone or computer in their rooms during the night
- They are playing video games late at night.

What can staff at Mount Lawley Senior High School do to help?

- Offer relevant and culturally responsive learning opportunities
- · Monitor every student's attendance and work with you to overcome problems affecting you child's attendance
- Talk with you about involving support staff such as school psychologist, chaplain, mentors and relevant staff
- Talk with you about local services they may also be able to help such as Headspace, Mercy Care and other organisations.

You may also have concerns that your child:

- · May not have friends or is not fitting in
- · May be feeling lost at school
- Fears being a failure
- · Is not feeling academically challenged
- May have learning difficulties
- · May not get along with a teacher
- Just not wanting to be at school.

What can you do to help?

- Act early. It is important to understand and work on the underlying reasons why your child is not going to school.
- On average, teenagers need eight to nine hours sleep a night to be healthy and alert. Maintaining a daily routine helps. This may include monitoring internet, mobile phone, computer games and television use at night to ensure sleep is not disturbed.
- Try not to make appointments or take holidays during school time. This can make it difficult to catch up on missed school-work, and cause anxiety about attending
- Don't let your child stay home unless they are genuinely sick.
- Don't let your child stay home to finish an assignment that is due. Make attendance the number one priority.
- Set a good example how you meet your commitments impacts on how they will meet theirs. Teach them that 'showing up' to commitments is normal and expected behaviour.

- Have clear expectations about after school jobs. Make sure work does not impact on their ability to get to school each day or interfere with study.
- Encourage extracurricular activities such as sport and creative activities. They can help your child develop positive relationships and experience success, helping them feel more motivated.
- Monitor your child's attendance and learning at school. Periodically check with their teachers or the year coordinator to find out how things are going.
- Avoid taking over or giving your child the impression you are fighting their battles for them. Improving attendance requires the school, parent and student to work together.
- · If your child delays getting ready for school so they are late, encourage them to still go to school with a note.
- Ask school staff such as the Student Support Coordinator or Student Support Officer for help if you are struggling to get your child to school.

Do you need to let the school know if your child will be away from school?

Yes you need to let the school know the reason why your child is going to be, or has been, absent from school as soon as possible by any one of the following:

COMPASS APP O Compass

EMAIL

mountlawley.shs.absentees@education.wa.edu.au ONLINE FORM http://www.lawley.wa.edu.au/view/contact/absentee-form

PHONE 9265 1507 to leave a message

Don't feel the need to 'cover up' the reason for your child's absence. This reinforces that you are taking over when things are difficult. Be honest so we can work with you and your child to improve their attendance.

Having information about why your child is missing school helps us plan for their return, and to work out whether we can provide any further help to you.

It's **NOT OK** to miss school if your child:

- Is celebrating a birthday
- Is going on a family holiday
- Is visiting a family or friends
- · Has slept in or had a big weekend
- Is looking after other children
- Has sport or other recreational activities that have not been approved by the school
- · Has appointments such as haircuts, driving lessons and minor check ups
- Has a pet is who is sick
- Attended after hours school activities
- Didn't complete homework or assignments
- Stay home/leave early to study for a test/exam.

If possible, routine medical and other health appointments should be made either before or after school, or during school holidays.

When is it OK NOT TO GO to school?

An OK reason is one that prevents your child from getting to school. This could include:

- · When your child is sick or unwell
- Attending cultural or religious observances such as EID
- · An unavoidable natural event such as flood waters, fire or a cyclone.
- · An unavoidable medical appointment

The Principal decides if the reason given for your child's absence is acceptable.