



## MOUNT LAWLEY SENIOR HIGH SCHOOL

An Independent Public School

### LAWLEY UPDATE Term 2 No. 5 2015

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On Monday, 15 June 2015 the school honoured two long serving parent volunteers when the Penny Scott Music Classroom and the Sue Faranda Music Library were opened. Ms Scott, served as a member and Chair of the Parent Music Support Group for a number of years and led the campaign to improve music facilities at the school. Mrs Faranda has volunteered in a number of fields over many years and still continues with the Art Auction and P&C. It was due to her efforts that the music staff and students are able to access a catalogued and organised library of music scores.

The Hon. Michael Sutherland, MLA Member for Mount Lawley unveiled the plaques that will be fixed to the rooms. Mr Sutherland played a role in assisting the parent group convince government of the need to improve what were cramped rooms.

Thanks to the many current and former music parents who attended the event. It was wonderful to see so many friends and supporters of the music program attend. Three ensembles played so the audience was able to enjoy the fruits of their volunteerism - excellent student musicians.

The Art Auction, held on Saturday, 13 June 2015 was a great success. The Committee of volunteer parents who plan the event, led by Ms Sonja Davidson, did an outstanding job. Some \$29,000

was raised from art sales, which is an auction record. Additionally, it was also the best attended of the auctions.



In 2014, then in Year 9, Stephanie won the school \$1,000 in a photographic competition. She requested that the money be used to purchase an art work at the auction. In an out-of-auction negotiation she purchased 'Ethereal Bliss' by Margot Nattrass. Thanks to Stephanie for using the money in such a productive manner. The painting will be displayed in the school shortly.

Peri, of Year 11, was awarded the Roy Grace Scholarship for English for 2015/16. As part of the selection process she had to prepare a number of pieces of writing across different genres. This

is a very prestigious scholarship and likely to be the third time a student of this school has been awarded the scholarship. Peri was presented with the award formally on Thursday, 18 June 2015 by Mr Lindsay Hale, the Executive Director for Statewide Services, on behalf of the Director General of Education. Her family attended the ceremony.



### CONGRATULATIONS



Kieran 12H3 Bradley 11M2 Jamie 11F2 Callum 11O2



Charlotte 11F3 Mathilda 11F2 Lachlan 11O1

#### National Frisbee Championships

Congratulations to the 7 students (above) were selected to represent Western Australia in the U18 National Ultimate Frisbee Competition held in Sydney this month. Congratulations to the girls whose team came second in the national competition. **Jamie** has been selected in the Australian team to play in New Zealand in September.



#### Depeche 7M2

has been selected to represent the Eastern Phantoms Little League Baseball Team who are participating in the Little League Baseball National Championships in Lismore, New South Wales. Congratulations Depeche.



**Saira 7F1** is currently competing at the Taekwondo Australian Open in Melbourne for selection to the Australian Team for the world cadet championships in Korea in August. *Breaking news*, Saira has just won a Silver Medal at the AusOpen National Championships in her weight category. Congratulations Saira.

### TERM 3 DATES

**Students resume school on Tuesday 21 July 2015. Monday 20 July is a School Development Day.**  
**Last Day of Term 3 is Friday 25 September 2015.**

*Please support our Green initiative by reading the rest of this Update online at P & C Website <http://mlshspc.org.au>*

#### A THOUGHT

I am always ready to learn although I do not always like being taught. *Winston Churchill*



In the last Update, it was reported that Year 11 student, William, had won the Western Australian leg of the China Bridge speaking and cultural competition. William represented WA at the national final. It is very pleasing to report in this edition that William is now the Australian champion and he will represent his country in the World final to be held in Beijing later this year. This is the second time in four years that a Mount Lawley SHS has been the national champion and is again an exemplar of the strength of the school's program in Mandarin. Congratulations to Ms Tee and Confucius Institute tutor, Mr Yu, for assisting William - Good luck in Beijing!

A further success for the school is with Year 12 student, Vanessa. Vanessa was the winner in the senior division of a state-wide essay competition on social media conducted in conjunction with the second National Child Protection Conference. This was held at ECU, Joondalup. Vanessa read her essay to the delegates on Thursday, 24 June 2015 and was presented with her award. Congratulations are extended to Vanessa.



The Semester 1 music concert was conducted on the evening of Thursday, 25 June 2015 at WAAPA. As is to be expected, the concert was a great success with the student musicians performing to the highest of standards. Thanks to the music staff for the preparation and to the P&C Parent Music Support Group who as usual provided magnificent support. Thanks to parents who donated items for the supper. The Junior concert was a sell-out. There were teething problems with the new venue and some issues with seating. The staff and music committee will review the event and look to offering the best service to the school and community.

The Languages Week expo was again a high profile event that showcased the school's work in languages. Again the Languages Parent Support Group was a great supporter to the Languages teachers and assisted in making the event a great success. Students were able to taste a variety of food, experience a myriad of cultures and understand the place of languages in our world. Whilst there were some difficulties with the sound system for the opening of the concert and this detracted from student effort, moves to fix the system were made as soon as possible. The event was also supported by a number of cultural groups representing some of the languages learnt by students at the school. Congratulations to Ms Costa, her team and the Parent Group on a great event.

The school now has rehearsed both lockdown and evacuation procedures. These are done in the case of an emergency and is an annual requirement. With the Year 7 students in the school, some 750 Middle School students move to Hamer Park for a safe location whilst senior students move to the oval. Whilst it is hoped that these measures are never triggered for real, practice of them is useful.

Year 12 students have been advised of the forthcoming BHP Billiton supported revision classes during the July holiday period. Places have been "snapped up" and the support of parents in encouraging student participation is appreciated.



Thank you to Purslowe Funerals for their kind donation of a number of Chapel Pews to the school. The pews have been placed in the Middle School communities, used in the main by the Year 7 and Year 8 cohorts. Within their community they have an open space area and the pews are being utilised for private study, reading and small group work. Thank you also to School Board Community Representative, Martin Dempsey who drove this excellent opportunity to add to the school amenities. The support given to the school by the local community is deeply appreciated. A plaque to recognise the donation by Purslowe Funerals has been placed in each of the communities.

Last week the Senior School football side consisting of students from Years 10 through to Year 12 advanced to the North Metropolitan final where they will play Meter Dei College. It was a fantastic result in the semi-final against John Forrest Community College, who had the advantage early and looked like kicking away. Mount Lawley withstood the early pressure to win by 18 points. Next week the boys have a chance to advance to the Grand Final for the first time in 20 years, which is a wonderful achievement.



Parents of students with a disability or learning difficulty, will shortly receive a letter seeking information for Federal government data collection. This data is sought to enable better provision of services to students. An information sheet is included in this Update.



Tomorrow, the parent-teacher meetings for Semester 1 will take place. Information has been sent to parents and booking for appointments are made on-line. The school's timetable is suspended to free teachers to meet with parents. Supervision will be arranged for students who need to attend school, however, they are to bring private study material. No formal lessons can be taught.

As this is the last Update for the term, I wish all students and families a relaxing break. School, for students, resumes on Tuesday, 21 July 2015. The Monday is a School Development Day.

**Milton Butcher, Principal**

## From the Principal:

**Nationally Consistent Collection of Data for School Students with Disability**  
[www.schooldisabilitydatap1.edu.au](http://www.schooldisabilitydatap1.edu.au)

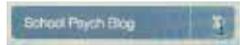
Our school is part of a national project about students with disability and/or learning difficulties. We have been asked to provide data about the number and learning needs of students at our school. The name of the school and the name of students will not be reported. Information about the different types of needs and the programs and resources the school uses to overcome barriers and support children with special educational needs will be collected. We believe it is important to contribute to this survey because it will help Governments and the Department develop better policies that acknowledge the level of resources needed in schools to meet the needs of all students in Western Australia. Shortly we will be sending out information letters to parents of students with additional learning needs.

If you do not want your child/ren to be included in this survey, please sign the form provided by the school. I will make sure we don't include them into the information we provide to the Commonwealth. If you would like to learn more about the Nationally Consistent Collection of Data for School Students with Disability, you can visit the website.

[www.schooldisabilitydatap1.edu.au](http://www.schooldisabilitydatap1.edu.au)

## SCHOOL PSYCHOLOGIST'S CORNER

Our School Psychologist, Iva Filipovska has been developing a website called School Psychologist's Corner, which is accessible through the school website from the front page, there is a blue button on the right hand side:



**School Psch Blog.** By clicking here you will be directed to

<http://ifilipovska.wix.com/schoolpsychcorner>

The website and resources it contains is aimed at parents and students. It contains information about mental health & wellbeing, study skills, parenting and relationships resources, as well as information about smartphone apps and links to other excellent resources (i.e. online self-help courses etc.).

## MOUNT LAWLEY SHS KNITTING CLUB

We are starting a knitting club in the library – our project is cat blankets for the cat haven. If you or someone you know has some left over wool they would like to get rid of please drop it into the Main Administration Office. Any donations gratefully received. Just plain 8 ply wool will be great.



## TEEN POSITIVE PARENTING PROGRAM

Teen Positive Parenting Program is an internationally renowned program being offered by the North Metropolitan Education Region to schools in your area. Parents from across Perth have given it rave reviews and it is free.

If you are a parent of a teenager, you are invited to:

- Play an active role in guiding and supporting your teenager
- Discuss common parenting challenges that come with the teenage years
- Enrich your parent - teenager relationship
- Explore effective behaviour management strategies.

Remember, you don't have to be experiencing difficulties – Teen Triple P is for every parent!

This course is generally useful for parents of Year 7, 8, 9 or 10 students.

**Venue:** Mount Lawley Senior High School Staff Room

**Term:** Term 3 2015

**Dates:** Wednesdays – August 5, August 12, August 19 and August 26

**Attendance:** Commitment to attend all four sessions is desirable

**Time:** 5-7pm

**Parking:** Ample parking in Mount Lawley SHS staff parking area

**Cost:** There is no cost for this program

**Refreshments:** Tea/Coffee provided

**Format:** Workbook, discussion, DVD

For more information or a registration form contact: Iva Filipovska at Mount Lawley Senior High School on 9471 0314,

**email** [iva.filipovska@lawley.wa.edu.au](mailto:iva.filipovska@lawley.wa.edu.au), Anh Rivera on email [anh.rivera@education.wa.edu.au](mailto:anh.rivera@education.wa.edu.au)

or Erin Pratt on email [erin.pratt@education.wa.edu.au](mailto:erin.pratt@education.wa.edu.au).





## SECONDARY

The Learning Curve™

### Parent Newsletter Article

## WEEK 22 – ANGER

**Wellbeing Element – Relationships and Optimism**

**Character Strength – Bravery**

These articles are to be used  
with the School Diary  
which has been supported by the  
P & C Association.

Adolescence is an emotionally challenging period of time for students, parents and teachers. Both at home and at school, outbursts of anger and stress attacks can often occur. The teenage brain is anatomically different to our brains; they are not little adults. While their brains are wired up to create emotions like ours, the control centre of their brains, the prefrontal cortex, is not. Therefore their emotions often go unchecked and their planning and forward thinking are often quite impulsive.

Combine this with the brain chemicals being released throughout puberty and it is little wonder that the adolescent brain is a turbulent place. Most cases of adolescent stress and anger are not deliberate, nor defiant; unfortunately many of the adults around them believe otherwise and react. A proactive approach is to initiate discussion both at school and at home about identifying the stressors that trigger emotional behaviours.

The time to repair the roof is when the sun is shining, not when it is raining. Likewise, the time to have these conversations with students is when there is calm and no issues occurring, not during emotional episodes. Unfortunately, this is not the most common approach adopted by many of us.

Students need to be very clearly made aware that adopting the victim mentality of 'it's not my fault' is a behaviour that will not benefit them in any shape or form. It also important for them to be aware that when their anger levels rise, their logical thinking levels drop.

To assist students to build self-managing and self-correcting habits, it is essential for teachers and parents to raise students' self-awareness of their moods and anger warning signals. This will enable them to develop a series of coping mechanisms when they realise they are beginning to lose control.

## WEEK 23 – STRESS CONTROL/EXERCISE AND LEISURE

**Wellbeing Element – Relationships and Optimism**

**Character Strength – Humour**

To feel good about themselves, flourish in their pursuits and have a sense of peace and harmony in their lives students need to find school/life balance. This in turn fosters growth mindsets which empower students to then do good things. They usually learn these attitudes from positive role models around them. Initiating discussions both at home and at school on this holistic area will raise their self-awareness and curiosity to learn more.

This week's focus is about looking at the big life balance picture through their individual signature strengths of sharing concerns, relaxation techniques, regular exercise and quality leisure activities. Encouraging this approach will benefit the growth of all their elements of wellbeing.

People who are unable to find time for exercise and relaxation in their lives will have to find time for illness; it's a reality and while it can be ignored, it won't go away. Students pursuing an active lifestyle are provided with many opportunities to meet new people, experience different things and be in a cycle of continuous learning. Learning to regularly take stock and reflect on how they are progressing is a habit well worth cultivating in students (and ourselves) for a balanced life.

In today's society, where electronic means of communication such as texts, social networking sites, twitter, emails, blogs and mobiles, overshadow face to face interactions, we must be vigilant to ensure that students engage in real conversations and activities with people often.

## WEEK 24 – PARAGRAPH BUILDING T.E.E.L.

**Wellbeing Element – Engagement and Achievement**

**Character Strength – Perseverance**

The ability to construct well structured and logical paragraphs enables students to clearly and accurately express the message they wish to convey about what they are writing about. Teaching students how to do this will benefit them enormously throughout both their schooling and their lives.

All too often students may have investigated a topic or created a story very well but through their inability to construct meaningful paragraphs, their efforts are not rewarded. What students require is a step by step plan to follow which scaffolds their thinking, thus enabling them to positively, confidently and capably set about writing.

A quite simple but very effective plan to follow in building high quality paragraphs is called T.E.E.L. which stands for:

- **TITLE** - the first or topic sentence explains to the reader what the paragraph will be about
- **EXPLANATION** - expand on the Title sentence and discuss your thoughts, reasons and arguments about the topic
- **EVIDENCE** - provide support for your thoughts and reasons as proof to the reader
- **LINK** - one or two sentences relating back to the Title or topic sentence

This thinking tool is also a very effective strategy for students to use when reviewing notes and revising for assessment tasks and tests as it organises and codes learnt material logically in their minds.



COMMUNITY NOTICES

The following information is presented as a service to parents, however, Mount Lawley SHS does not recommend, endorse or promote these providers



**BRICKTOBER – PERTH 2015**

Email: [Bricktober@outlook.com](mailto:Bricktober@outlook.com)  
 Website: [www.bricktober.info](http://www.bricktober.info)  
 Facebook: [www.facebook.com/Bricktober.Perth](https://www.facebook.com/Bricktober.Perth)

The Rotary Club of Ascot is delighted to let you and your school community know that Bricktober - Perth has returned, even bigger and better than it was in our inaugural year.

We would love it if you could forward this information on to your school community so that people who are interested in Lego can become involved in a number of activities that are being run in the lead up to Bricktober - Perth 2015.

The activities that are available prior to the event include the following:

- Shoe Box – Make Your Own Creation – to be run during the July school holidays. There are a number of different age categories from 3 years up to adults
- Future Exhibitors Competition – for “master” Lego builders to get the opportunity to exhibit at the show

All details for each of these competitions can be found on the Bricktober website, or Facebook page.

The website is [www.bricktober.info](http://www.bricktober.info) and the Facebook page is: [www.facebook.com/Bricktober.Perth](https://www.facebook.com/Bricktober.Perth)

Bricktober – Perth will be held over the weekend of 10 and 11 October 2015 at the Cannington Showgrounds on Albany Highway (just south of Carousel Shopping Centre), commencing at 9.00 am and finishing each day at 5.30 pm.

Tickets are available to be purchased on line so you can nominate the day and time you would like to attend. There will be no tickets sold at the door. Get in early and pick the time you prefer. Individual tickets are \$8.00 per person; with family tickets (for 4 persons) costing \$25.00. (There is a small booking fee attached to all tickets sold). Children under the age of 2 will be admitted free.

To pre-purchase your ticket please go to [www.bricktober.info/booking2015](http://www.bricktober.info/booking2015) and follow the prompts.

Activities at Bricktober – Perth include:

- A hall full of Lego models built by fans of Lego in Perth
- A “Brickpit” with thousands of Lego bricks that children can play in
- Animated Lego films on a big screen to be viewed
- Competitions that people can sign up for on the day.
- Food and refreshments available for purchase.



Be a gift to the world



**WOOLWORTHS EARN & LEARN 2015**

This year we will be participating in the Woolworths Earn & Learn program. Through this program we will be able to get new educational resources for our school– and all we need you to do is shop for your groceries at Woolworths.

From *Wednesday 15th July to Tuesday 8th September*, we are collecting Woolworths Earn & Learn Stickers. You will get one Woolworths Earn & Learn Sticker for every \$10 spent (excluding liquor, tobacco and gift cards). Place the Woolworths Earn & Learn Sticker onto a Woolworths Earn & Learn Sticker Sheet and when it’s complete, the Sticker Sheet can be dropped into the Collection Box here at the school (Student Services Office) or at your local Woolworths.

At the end of the promotion, we’ll be able to get some great new equipment. The range is extensive and offers lots of items ideal for our students . If you’d like to know more visit [woolworths.com.au/earnandlearn](http://woolworths.com.au/earnandlearn)



**Experience a Day in the Life of a Uni Student**  
 Friday 17 July | 9.30am-2pm

For all Year 10, 11 and 12 students

- Talk to current Notre Dame students
- Experience lectures and activities
- Take a tour of our town campus
- Lunch with students and academic staff

Register now: [nd.edu.au/dayinthelife](http://nd.edu.au/dayinthelife) (registrations on the day from 9am)  
 Venue: The University of Notre Dame Australia, Prindiville Hall (ND3), Mount Street, Fremantle  
 For further information: 08 9433 0533 | [future@nd.edu.au](mailto:future@nd.edu.au)



**School Holiday Outreach Program**  
 Wednesday 15 July & Thursday 16 July  
 Cost \$60

- Year 11 and 12 students, learn how to...
- plan your study sessions and be organised;
  - manage your time effectively;
  - stop procrastinating and being distracted;
  - help your brain retain and recall information;
  - understand your learning style and what study techniques work for you; and
  - study less and achieve more.

To register, please complete the form overleaf. Registrations close on Friday 10 July 2015  
 Brought to you by the Notre Dame Academic Enabling and Support Centre.

